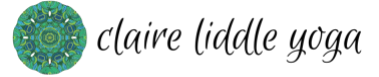




Yoga Teacher Training Program, 200Hour
Movement Works and *claire liddle yoga*
2019 Application Form



Please print and complete the following form and return it to Claire Liddle or Nancy Smith at Movement Works. We are interested in working with people who will, upon completion of the course, be willing to dedicate themselves to furthering the principles behind yoga and who will seek to teach those ideals in a safe and nurturing way. Feel free to attach additional pages. **Due by February 15, 2019.**

NAME _____
ADDRESS _____
HOME PHONE _____ CELL _____
E-MAIL _____

Your answers to the following questions will provide us with the necessary information to evaluate your preparedness to get the most from the YTT200 program. Use additional space as needed.

1. How long have you been studying yoga? _____
Describe your current yoga practice. _____

2. Who is your regular teacher? Please include location and phone number.

3. What systems or style(s) of yoga have you studied and for how long? _____

4. Please describe in terms of length and frequency your regular yoga practice. (Does it include pranayama or meditation?) _____

5. List any current limitations that may affect your participation.

6. Are you currently teaching yoga? If so, where do you teach and how long have you taught? How many classes do you teach per week? What styles do you teach? _____

7. Please explain why you wish to participate in our program. Include your strengths and challenges related to your participation. _____

8. Please write about what yoga has meant to you and done for you.

REFUND POLICY

The \$200 deposit is not refundable unless your application is denied. Only in the case of medical emergency or similar inability to continue in the program will refunds be considered after March 1, 2019. Your signature and deposit indicate that you are committed to the program and that you understand these terms.

Signed _____ Date _____